



Your place to volunteer



Coulee Region RSVP
Summer/Fall Newsletter
2019

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Gratitude



We're RSVP... Where Volunteers Make a Difference

For over 45 years, The Retired and Senior Volunteer Program (RSVP) has been offering customized volunteer placement, matching volunteers age 55 and better with community service opportunities across La Crosse and Monroe County. Our volunteers share their wisdom, benefits, knowledge and vitality, furthering to the security of the local communities.

Coulee Region RSVP is a nonprofit, 501(c)(3) organization. Our funding is a combination of federal, state and private grants as well as gifts from local businesses and individual donors.

It has been my pleasure to be the Executive Director of Coulee Region RSVP since March 25, 2019. Previously, I worked for Shriner's Hospitals for Children, Winona Health and recently Gundersen Health System in Community & Preventive Care services, assisting with older adult programming and the Director for Children's Miracle Network Hospitals.

I grew up in Winona, MN and now I reside in Onalaska with my husband Bill Gilles and our two children, Sean -15 years old, freshman at Onalaska High School and Elin-9 year old, 4th grader at Northern Hills. I am a member of Rotary and active in the Onalaska School District and community. I enjoy exercising, watching my kids sports and spending time at our cabin on Lake Petenwell.

I look forward to meeting all the wonderful volunteers that make an impact for Coulee Region RSVP and this great community!

Heather Gilles

Executive Director



As the Volunteer Coordinator I am impressed by the many volunteers that I interact with here at RSVP. Whether it is a new volunteer that is interested in our many programs we provide or an individual who has been with RSVP for 10+ years, I am touched by their desire to offer something of themselves.

In my role I get to meet with people who are interested in how RSVP makes a difference in the community. Whether it is a volunteer who is dropping off a handcraft item they have been working on, attending a site visit with someone off campus, or a handyman submitting the hour sheet, I feel privileged to have the opportunity to chat with them or just say "hi".

I am blessed being with people who are happy to make a difference in other peoples' lives. A volunteers' first thought is often not for themselves but for others. However, the staff at RSVP wishes to recognize the many hours that you have invested in the community. It is overwhelming how your contributions have made the community better. I hope you will be able to make it to the Volunteer Recognition Event on Thursday, September 19th.

Thank you for making my job so enjoyable and fulfilling. I appreciate each and every one of you!

Ruth Kinstler

Volunteer Coordinator



I would like to introduce myself, my name is Rebecca Brueggeman and I am the new Program Specialist- Office Manager. I have been here at RSVP since January. In addition to making sure the office is running smoothly I am also in charge of the Transportation Program and Telephone Reassurance Program. I have very much enjoyed the 8 months I have been working here and it brings me much joy when I am able to interact with the volunteers when they stop by the office and share with me why they decided to be an RSVP volunteer.

I am overwhelmed by the amount of time that the RSVP volunteers give back to the community. As the Program Specialist I love what RSVP is doing for the seniors in La Crosse and am looking forward to helping make that happen by expanding our services to Monroe County. We only have a few volunteers in Monroe County right now and we are hoping to gain more volunteers and services in the future.

My time away from the office is spent at home, in Sparta, with my family. My husband, Alex, and I have been married for 5 years and met in high school. Our son, Ryan will turn 4 in November. I hope that my example of working at RSVP will teach our son what it is like to be a volunteer and give back to the community you live in.

Rebecca Kinstler

Office Manager/Program Specialist

Welcome New Volunteers!

From May 2018 - June 2019

Shirley Anderson
Gary G. Anderson
Bernadine Arena
Suzanne Baker-Young
Eleanor Beebe
Janet Beffa
Jeanie Blaschke
Joan Boak
Theresa Brohmer
Ursula Cejpek
Joan Deyo
Terry Digmann
Kathleen Faas
Joline Freisinger
Beverly Fuhrman
Mary Gallagher
Kathleen Gesley

Cheryl Gilbertson
Sue Gordon
Carol Greene
DuWayne Gust
Marilyn Hegge
Kathy Helgersen
Merlin Hennig
Merlin Hennig
Donna Huegel
Diane Jorstad
John Katrana
Robert King
Pamela Kohlmeier
Joan Kolterman
Susan Kronebusch
Dawn Kussman
Deborah Lee
Lynne Leuthe

Thomas Link
Patricia Lyons
Aly Martin-Lopez
Susan Milde
Beverly Miller
Lynnette Miller
Dawn Naas
Lisa Olsen
Babette Peterson
Rita Pittman
Mary Powell
George Renner
Marjorie Renner
Sharon Riness
Alan Ross
Odetta Ross
Margaret Rowan
A. J. Saunders

Janice Schneider
Annabelle Sharp
Theresa Sherwood
Janine Skemp
Ann Skemp
Phyllis Snider
Jean Sutter
Kimberly Sweet
David Turner
Jenny Walter
Margaret Waupoose
Dorothy (Dottie) Wells
Laura Wiedman
Arlene Young
Fred Zenz
Dianne Zenz
Paula Ziebell
Rita Zindorf

If you don't have a volunteer badge, please stop in the office so we can take your picture. Also, don't forget to report your hours!



Meet Marilyn and Carol. Marilyn and Carol have established a bond that goes beyond the rides that Marilyn provides Carol through Coulee Region RSVP. Marilyn describes Carol as a very nice person and shares that she enjoys doing things to help Carol. According to Carol, Marilyn is always pleasant, even when waiting, and she allows Carol to take the time she needs with medical appointments so that Carol doesn't have to worry. Carol further described Marilyn as a cautious, courteous driver that is always on time and goes above and beyond to help Carol, ensuring that she is comfortable. Describing the impact of Coulee Region RSVP and Marilyn's volunteer driver services, Carol stated, "I don't know what I'd do otherwise."

Marilyn has been a volunteer driver since 2010, and she chooses to take long-distance routes to transport people to medical appointments in other cities, such as Madison. Marilyn has logged more than 2,500 hours and over 65,000 miles. Marilyn volunteers for Coulee Region RSVP because she likes to drive and feels good helping people get places they couldn't on their own.

Carol is a rider that Marilyn drives to very early morning medical appointments in Madison. During one of Carol's appointments, after several hours, she was admitted to the hospital. Marilyn patiently waited until she was told that Carol would not be going home that day. On her way home from Madison, Carol was delayed by a bad accident and did not return home until after 10:00 pm. Marilyn called Coulee Region RSVP the very next morning and offered to go and get Carol to bring her home. Unfortunately, Carol spent the week in the hospital, but Marilyn called regularly to find out when Carol might be able to go home so she could be there for her.

Marilyn, thank you for your dedicated service to Coulee Region RSVP and riders like Carol!

RSVP Awards and Highlights

Myrna Dee Peacock Award



Women in Philanthropy is a local, grassroots organization made up of women dedicated to serving the community in a variety of ways. Their mission is to enhance the quality of life in the La Crosse area. One of the ways they do this is by honoring people who make a significant contribution to others. The award is called the Myrna “Dee” and Lyle Peacock award. This year the award went to John and Linda Hamilton. Stacy Shapiro and Lynnetta Kopp attended the April 18, 2019 board meeting to present the award to John Hamilton.

On behalf of our group, today we would like to recognize and thank someone among you for their many hours of service to RSVP and to our community. As some of you know, we do this in memory of past Board Member Myrna “Dee” Peacock and in honor of her husband, Lyle. They were a great volunteer duo...and inspired us all.

One of these individuals has been an RSVP Member for over 15 years, serving in a number of capacities and the other has been a faithful volunteer. One has served as a volunteer driver, delivered Mobile Meals, and as President and Treasurer, and the other has been quietly handcrafting over twenty beautiful works of quilted art for the annual raffle.

Last, but most importantly, we hear that both of them are wonderful parents and even better grandparents.

On behalf of Women in Philanthropy, we want to salute John and Linda Hamilton. Thank you both for your efforts over so many years...and thank you for making a difference in our community. We want to honor you today with the Myrna “Dee” and Lyle Peacock Award...and give you this gift as a token of our appreciation, it is our way of saying thank you for being you.

Think you're smarter than a 5th grader?

What an amazing result of our 11th annual *Who will be smarter than a 5th grade event!* On March 16, 2019, 15 teams of local celebrities and area fifth graders participate in a friendly game show style competition to raise funds for Coulee Region RSVP. After two rounds, three teams proceeded to the final round: Nick Miller of Cheese Castle West Salem and Sam Volden of West Salem Middle School, Michael Eckstein of Mayo Clinic Health Systems and Lexi Fuchsteiner of St. Patricks, and Mike McKee of Gundersen Health System and Shiloh Wilk of SOTA 1: School of Technology and Arts.

After a very close final round the winners were Mike McKee of Gundersen Health System and Shiloh Wilk of SOTA 1: School of Technology and Arts. The winning school, SOTA 1: School of Technology of Arts received \$1,000 for a special project to be chose by Shiloh. Congratulations to Mike McKee and Shiloh.



Thank you also to our esteemed judges:
Maureen Grenisen, Arthur Barribeau, emcee Scott Robert Shaw, and Ben Wopat.



A special thank you!

Thank you to all of the contestants for sharing their time and talent to support Coulee Region RSVP! We also thank the celebrity contestants for their commitment to raising funds to support the services provided by RSVP and the many sponsors that support our work.

Thank you to everyone who helped us make our 11th year a success!

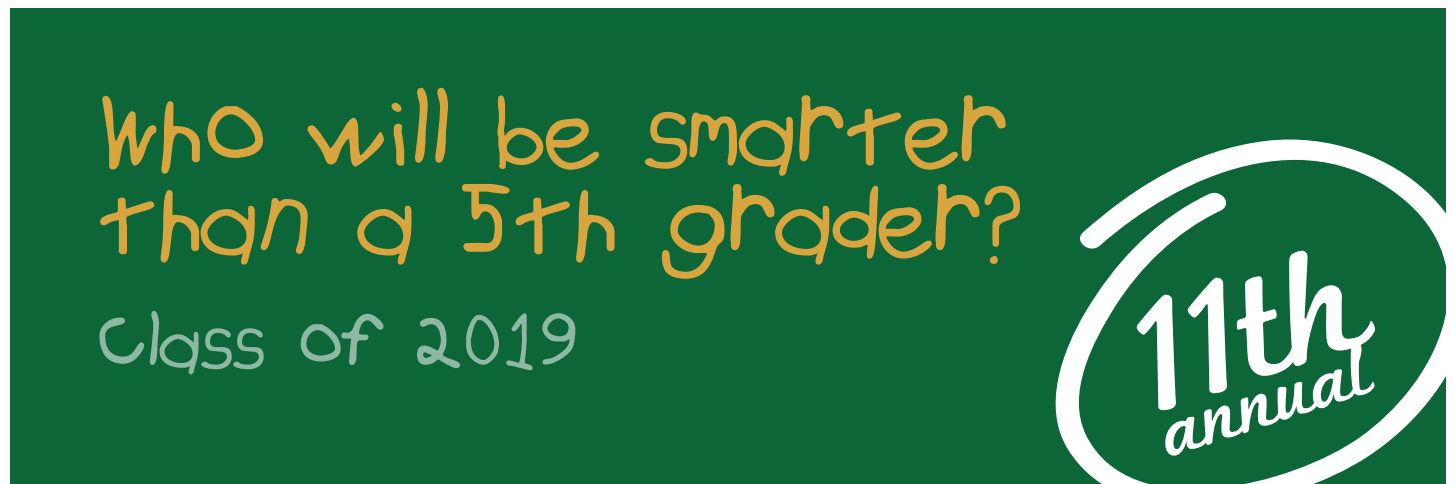


STIFEL

Dan Hudzinski
Elizabeth Smith Houskamp
Linda & John Lyche
Loren Carrell
Mark Glendenning & Margie Webster
Mary Jo & Shawn Werner
Mary Zaky
Mike McKee

Paul Fisch
Rose Wolbrink
Scott & Mary Rathgaber
St. Patrick School
Stephanie Carroll
Tom & Jan Brock
William Christensen

Mark your calendars for next year!
Who will be smarter than a 5th grader? returns on April 18, 2020!



**Alexis Gilbertson
& Santi Toribio**

Hintgen Elementary



**Dimitar Dzikov &
Gretchen Osmundson**

Emerson Elementary



**Jesse Gomez &
Kaia DePaolo**

North Woods International



**Joe Moua &
Owen Skiles**

Spence Elementary



**Kathy Helgersen
& Andrew Ellis**

Northside Elementary



**Ken Cooper & Max
Brubaker**

Coulee Montessori



**Mal Meyer &
Chloe Ackerman**

Southern Bluffs Elementary



**Matt Harter &
Luke Siegel**

Northern Hills Elementary



**Michael Eckstein &
Lexi Fuchsteiner**

St. Patrick



**Mike McKee &
Shiloh Wilk**

SOTA I: School of Technology
and Arts



**Nick Miller &
Sam Volden**

West Salem Middle School



**Sister Georgia
Christensen &
Oliver Buck**

Blessed Sacrament



**Sue Mravik &
Marcus Eber**

State Road Elementary



**Tina Antony &
Mia Gallant**

Eagle Bluff Elementary



**Zach Prelutsky &
Jonah Paglini**

Summit Environmental

RSVP Key Areas of Service: **Veterans**

Our Veterans are an important part of our community. We are honored to have them as our volunteers

On November 9, 2018 we were able to celebrate Veteran's Day at Spence Elementary School during their Veteran assembly. During the assembly we recognized two of our RSVP veteran volunteers with a Certificate of Appreciation for their service to our country and community. They each also received a Senior Corp Veteran pin.

David Bruha, US Army Antiaircraft unit in El Paso, TX for six years. RSVP volunteer driver since 2006

John, Cartwright, US Navy for three years. RSVP volunteer driver and Habitat for Humanity Restore volunteer since 2014

Coulee Region RSVP extends a heartfelt "Thank You" to all our veterans!



RSVP Key Areas of Service: **Handcraft**

Our Handcraft Volunteers knit, sew, and crochet items, participating in groups or at home during their own free time.



This year's Handcraft Open House was held on November 15th from 9:00 am – 3:00 pm. This event is for local non-profit social service agencies the opportunity to receive items such as hats, mittens, scarfs, wheelchair/walker bags, afghans and quilts. Over 1800 items were distributed to the organizations in our community! We also were able to give Head Start 339 pairs of hats and mittens for the children in their program.

Thank You to all the amazing RSVP Handcraft volunteers for all your hard work to make this program a success!!

Handcraft Collaboration with Viterbo Nursing Students

RSVP Handcraft volunteers “Knotty Knitters” meet every Wednesday from 8:00 am – 11:00 am for knitting, crocheting and socialization in the RSVP office board room. This past school year we collaborated with Viterbo Nursing students for an intergenerational volunteer opportunity. The nursing students came to the “knotty knitters” group and learned to knit, crochet and interact with the volunteers. If you are interested in joining the “knotty knitters” feel free to contact the RSVP office.

Congratulations 2018 Quilt Raffle Winners

1st Beth Curtis
2nd Kristy Nix
3rd Peggy Schelbe





Improving the Quality of Life for All Generations



Independent research sponsored by the Corporation for National and Community Service (CNCS) shows that Senior Corps volunteers are healthier, less depressed, and more connected compared with those who do not volunteer regularly.

Through its Foster Grandparent Program (FGP) and Senior Companion Program (SCP), Senior Corps provides national service opportunities for adults age 55 and older with low incomes. This is a group that is racially, educationally, and financially diverse; is at risk for poor health outcomes; and is often underrepresented in traditional volunteering opportunities – and they are making a difference in their communities:



22,000 FGP volunteers help more than 149,000 children each year



11,000 SCP volunteers provide 35,000 individuals with independent living services

Through a survey of more than 1,200 first-time FGP and SCP volunteers, the study found that:



80 percent of the volunteers report a household income of less than \$20,000 per year



16 percent have a college degree



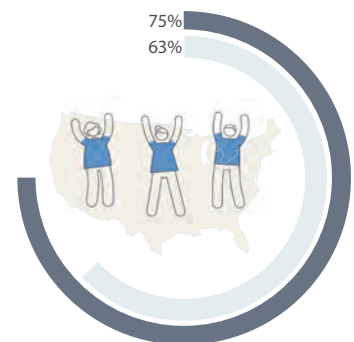
34 percent have a condition that limits their physical ability

Lack of physical activity, depression, and social isolation are often associated with older adults, and can contribute to a variety of negative health outcomes. However, the study found that after two years of volunteering with Senior Corps, participants had notable improvements:

- 62 percent reported that their health was stable, and 22 percent improved over a two-year period
- 78 percent of the volunteers reported fewer symptoms of depression
- 88 percent reported decreased feelings of isolation

Volunteers reported high satisfaction with their volunteer experiences, with most saying that they would recommend the program to a friend. Senior Corps volunteers also were likely to continue serving:

More than 75 percent of Senior Corps volunteers continue serving after their first year compared with 63 percent of other volunteers nationally



INTERESTED IN LEARNING MORE?

Visit www.seniorcorps.gov/healthyvolunteers to read the full report
Get involved in your community by visiting www.seniorcorps.gov
Contact seniorcorps@cns.gov for more information

Corporation for
**NATIONAL &
COMMUNITY
SERVICE**



Improving the Quality of Life for All Generations

MAKING A DIFFERENCE ...

A new, independent report funded by the Corporation for National and Community Service (CNCS) took a deeper look at Senior Corps and how it's improving communities and the lives of its volunteers. In 2017, the Foster Grandparent Program (FGP) and Senior Companion Program (SCP) ¹:

Served at **9,800 service locations** nationwide



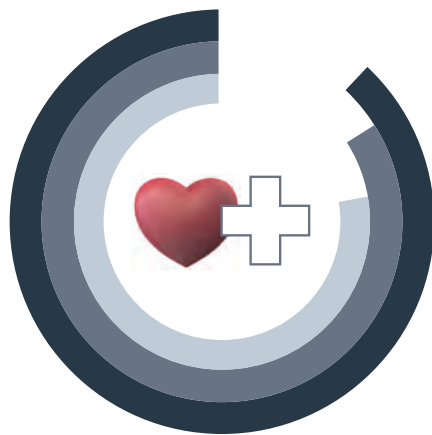
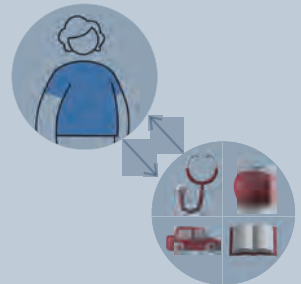
Mentored or tutored **150,000 children**



Provided **35,000 individuals** with independent living services



33,000
VOLUNTEERS
MATCHED
WITH SERVICE
OPPORTUNITIES



IN THEIR LIVES ...

Comparing baseline scores with a second-year follow-up, Senior Corps volunteers were healthier, less depressed, and less socially isolated than those who did not serve:

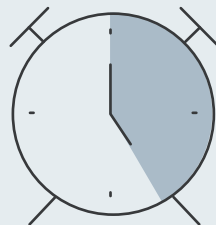
- LESS SOCIALLY ISOLATED**
88 percent reported fewer feelings of isolation
- BETTER HEALTH**
84 percent reported stable or improving health
- LESS DEPRESSED**
78 percent reported fewer symptoms of depression

AND IN THE COMMUNITY

Two-thirds of new Senior Corps volunteers joined FGP or SCP to make a difference in their community:

FOSTER GRANDPARENT PROGRAM

Foster Grandparents spend an average of **five hours a day** supporting young people with exceptional needs



SENIOR COMPANION PROGRAM

Three-quarters of caregivers reported that respite services offered by SCP volunteers helped them better manage their lives



Get involved with your community and learn more by visiting www.seniorcorps.gov/healthyvolunteers

¹ Source: 2017 Senior Corps Progress Report Supplement

Upcoming Events

September 2

Labor Day
(RSVP Office closed)

September 11

National Day of Service & Remembrance

September 19

Volunteer Recognition

November 2

New Volunteer Recruitment Social

November 14

WWBS Meet-n-Greet

November 21

Handcraft Open House

November 28-29

Thanksgiving
(RSVP Office closed)

Don't miss out on these volunteer programs!



Telephone Reassurance

The Telephone Reassurance Program provides adults with disabilities or those who live alone with a daily call from our volunteers.

The program offers support and peace of mind for individuals as well as their families and friends, knowing that someone is checking on their loved one. Our RSVP volunteers call participants Monday through Friday mornings to offer a daily safety check and socialization.



Handyman

The Handyman Program provides limited fix-it services for individuals in need in our community. The program is designed to help individuals with disabilities, those who are low income, veterans and seniors who are in need of minor home repair. Our volunteers donate their time and skills at no charge.

No job is too small!

All that is required is for the individuals requesting the service to provide/pay for the materials. Limited funds available for those unable to pay.



Driver Program

Volunteer drivers use their own vehicles to transport individuals to medical and personal appointments, Monday through Friday from 7:30 a.m. until 5:00 p.m.

Volunteer drivers receive mileage reimbursement and can volunteer on a daily, weekly, or on-call basis.



Study Buddy

Study Buddies volunteer in area schools sharing at least one hour of their time per week helping students academically and socially. Volunteer assistance includes reading and math tutoring, either in small groups or individually.



*"Rsvp Volunteers
are unbe'leaf'able"*

You're Invited: 2019 RSVP Volunteer Luncheon

Thursday, September 19, 2019

**The Golf Club at Cedar Creek, Birch Room
2600 Cedar Creek Lane – Onalaska, WI 54650**

Schedule: 11:00 doors open, 11:30 lunch, 12:00 Recognition Program

Reservations required (space is limited)

Cost: RSVP volunteers: FREE

Guests: \$20

Please call 608-785-0500 to confirm your attendance by Wednesday, September 4.

Assistance with parking at the event will be available.

Please call with any dietary or transportation needs.

Event Recap: **Volunteer Recognition**

Our Volunteers are a Hit was the theme for the 2018 Volunteer Recognition held at Radisson Hotel, La Crosse on Thursday, September 20th. We were able to celebrate 45 years of RSVP serving La Crosse and Monroe by honoring our many volunteers who give many hours of service to the community to make it a better place to live. The following were given special awards for 4,000 volunteer hours.

Lifetime Presidential Service Award Recipients

Linda Hamilton, Sr. Maris Kerwin, Jolene Rust, Sr. Antona Schedlo and Natalie Schoenfeld

New Board Member:

Kate Dunnum

Development Specialist at Mayo Clinic Health System



Hometown: St. Louis Park, MN (suburb of Minneapolis). Now home is La Crescent.

Family: Husband, John. Daughters: Kristine, Jenna, Leah.

Favorite part of the Coulee Region:

The natural beauty. We love to walk, bike, and hike. There's nothing like hiking one of our local trails and having a breathtaking view of the city or a gorgeous valley as your reward for the climb. We've also canoed the Kickapoo River, and are so grateful such majestic scenery is so close to home.

Why Coulee Region RSVP:

Being actively engaged in your community and with others is such an important component of overall health and happiness. Our volunteers have so much to give, so it's easy to support an organization that's the bridge between individuals' time and talent, and those who benefit from what they have to offer.

Accomplishments:

Raising happy, healthy, successful kids. We're still in the midst of active parenting, and there's never a 'finish line' with kids, but we're very proud of where our girls are in their lives. I always say "Parenting is the hardest job you'll ever love," and we're seeing some of the dividends of our many parenting investments.

Other important facts about you or other things you would want our volunteers to know about you:

Our volunteers inspire me with the wide array of talents and gifts they provide to our community. It's so satisfying to see the different ways they contribute, and how their own contributions are a fit for them. Retirement is several years away for my husband and me, but we already know we want to find volunteer roles that are a fit for us and stay vital and engaged through serving others.

Ways to donate

Your donations are important to help RSVP recruit and support the volunteers who serve their neighbors in communities throughout La Crosse and Monroe County.

**In -Person:**

Make a gift anytime with Cash, Check, Debit or Credit Card

**By Mail:**

Send check or money order to:
2920 East Avenue South, Suite 107
La Crosse, WI 54601

**Online:**

Make a one-time, monthly, quarterly or annual gift online
www.rsvplax.org
Click on "Donate Here" in the right corner

**Gifts In-Kind:**

In-kind gifts are contributions of goods, services & expertise
Some of our immediate needs are: Gift cards to home improvement, fabric or retail stores, sewing supplies and kids' fabric. Please call 608-785-0500 to see our wish list.

**Legacy Gift:**

To support RSVP's mission for the future, you may designate a gift to RSVP in your will or list RSVP as a beneficiary under a financial account, a retirement plan or a life insurance policy.

**Memorials or Tributes:**

You can dedicate your donation to recognize a volunteer, family member and friend with a tax-deductible gift to Coulee Region RSVP.

Donations & Contributions

A & W Restaurant of La Crosse	Joan Brueggeman	Designz	Sr. Pat Gordon
Chloe Ackerman	Jason Buck	Phonqueesha Diego	Green Circle Recycling
Ad Aids	Oliver Buck	Charlene Dingeldein	Sr. Mary Ann Gschwind
Kari Adank	Barb Bulman	Bojan Djikov	Sig Gundersen
Rachel Albrecht	Carla Burkhardt	Carol Drury	Gundersen Health System
Eddie Allen	Gail Burns	Trudy Duffrin	Gundersen Partners
Elizabeth Allen	Burracho's LLC	Mary Ellen Dunford	CORY GYLOCK
Altra Federal Credit Union	Art Butterworth	Sr. Luanne Durst	David Hackman
Brant & Susan Amble	Jocelyn Buxton	Dynamic Lifecycle Innovations, Inc.	John & Linda Hamilton
Susan Amble	Mela Byerly	Dimitar Dzikov	Jean Hanson
Sue Amble	Lora Cadwell	Margaret Earsley	Susanna Hanson
Norma Anderson	Tina Caldwell	Marcus Eber	Tim Harbst
Sr. Marcella Anibas	Kathy Callan	Mike Eckstein	Matt Harter
Anonymous	Vicki Campbell	Jodi Ehrenberger	Harter's Trash & Recycling, Inc
Debbye Antoni	Robert & Yvonne Caplan	Andrew Ellis	Vince Hatt
Tina Antony	Susie Carlson	Sr. Helen Elsbernd	Stephanie Haugh
John Antony	Loren Carrell	Employees of Coulee Bank	Mary Haupt
Linda Arentz	Stephanie Carroll	Bryan Erdmann	Dan & Sarah Havens
Sr. Mary Arnoldussen	Carroll's Popcorn and Frozen Yogurt	Sister Susan Ernster	Joseph & Patricia Heim
Robert & Joyce Arthur	John Cartwright	Art Espiritu	Sr. Rita Heires
Associated Bank	Mark & Minda Chamberlain	Susan Evans	Andrew Helgerson
Nico-Therese Atienza-Lim	Anthony Chergosky	Linda Falat	Kathy Helgerson
Karen Banasik	Laura Christensen	Paul Fisch	Michael J. Herro
Carol Barney	Georgia Christensen	Sr Rita Mae Fischer	Mary Jo Hess
Joy Bauman	Shiona Christensen	Flanagan Financial	Bonnie Hicks
Carrie Baumgartner	William Christensen	Sr. Lorraine Forster	Mary Hill
Laura Baxter	Roger and Kenna Christians	Chris Fortsch	Marcia Hitz
Rich Beal	Clearwater Farm	Fowler & Hammer Inc.	Noreen Holmes
Judson Beck	Coalition Drum Shop	Fox 25/48	Sharon Holven
Janet Beffa	Lori Coleman	Franciscan Sisters of	Shari Hopkins
Jennifer Berendes	Jane Comeau	Perpetual Adoration, Inc	Dan Hudzinski
Mary Lou Berg	Ken Cooper	Sr. Maria Friedman	Sr, Mary Ellen Huebsch
Joshua Berry	JudithCorbett-Hutchens	Bruce Friell	Sr Mary Eve Hytry
Marylou Biddlestone	Coulee Bank	Alex & Chastity Fuchsteiner	Interstate Sound
Marilu Bintz	Courtyard by Marriott	Julie Fuchsteiner	Andrew Ives
Margaret Birchler	Cowgill Dental	Linda Fuchsteiner	Boondi Iyer
Linda Birkle	Erika Crusan	Lexi Fuchsteiner	Cindy Jacobson
Laura Bishop	Chiqui Cumayao	Fuchsteiner	Jay & Dawn Jaehnke
Pat Blanchard	Ina Cunningham	Tom and Chris Gaber	Coulee Bank Jeans for Charity
Blessed Sacrament School Students	Dave and Beth Curtis	Thomas and Erica Gallant	Mark Johnson
Mart Blocker	Jodie Curtis	Mia Gallant	Melanie Johnson
Renee Bogie	Beth Cuta-Swertfeger	Donna Garbers	Ryan Johnson
Gerald Bonsack	Ninja Cvetkova	Stacy Garves	Marilyn Jorgenson
Bosshard Parke Ltd.	Dena Daentl	Dirk Gasterland	Krissy Kaiser
Deb Brazil	Mark Dahlke	Sr. Joann Gehling	Loren Kannenberg
Bremer Bank	Dairyland Power Cooperative	Mary Genz	Karen Kappell
Bill & Betty Brendel	Amy Dale	Charlie & Cindy George	Sr. Jean Kasparbauer
Brenengen Auto Group	Nancy Danou	Alexis Gilbertson	Ladonna Kassmeyer
Sr Clarone Brill	Jamie Day	Linda Gillette	Shanen Kazynski
Tom & Jan Brock	Caroline DeBruyckere	Bethany Girtler	Martha Keffe
Sr Fran Browning	Kathy K Deml	Mardeana Glasel	Keller Williams
Marion Brownrigg	Tony & Sara DePaolo	Jerry Glocke	Vickie Kendle
Chadwin Brubaker	Kaia DePaolo	Sam Goeb	Patrick & Linda Kerrigan
Ryan Brubaker	Sr. Helen Deppe	Teresa Goede	Maureen Kinney
Max Brubaker	Sharon Derksen	Jesse Gomez	Dan & Ruth Kinstler

Catherine Kinyon
 Judy L Kirkpatrick
 Sr. Carrie Kirsch
 Sr. Romana Klaubauff
 Mary Jo Klos
 Laura Kloss
 Kevin Knerzer
 Brenda Kohl
 Martha Koloski
 Todd Kowalski
 Carole Kraehenbuehl
 Shirley Kramer
 Sr. Mary Boniface Kriener
 Lindsey Krueger
 Jeff Kumfer
 Sr. Dawn Kutt
 Kwik Trip
 Sr. Marie Kyle
 La Crosse Community Theatre
 La Crosse Loggers
 La Crosse Symphony Orchestra
 La Crosse Tribune (Jeans Day)
 Tammy Larson
 Alan Lauermann
 Dawn LeClaire
 Scott Leo
 Jojo Leonardo
 Lewis Valley WELCA
 Logistics Health
 Randy Lubahn
 Sr. Karen Lueck
 Edward Luker
 Janine Luz
 John & Linda Lyche
 Jolie Lyfoung
 Donald Mahr
 Todd and Deb Mahr
 Jennifer Maki
 Theresa Mann
 Marine Credit Union
 Mark Glendenning & Margie Webster
 Greg & Rita Maslowski
 GeorgeMason
 Kylie Mason
 Suzanne Mason
 Sr Marian Massman, FSPA
 Andrea Matz
 Mayo Clinic Health System -
 Franciscan Healthcare
 Mary Ellen McCartney
 Linda McKee
 Mike McKee
 Eileen McKenzie
 Daniel Medinger
 Emily Medinger
 John Medinger
 Ellen Mehren
 Merchants Bank- Onalaska
 Elizabeth Merrill
 Kim Metcalf
 Sr. Lucy Ann Meyer

Mal Meyer
 Dana Meyers
 Midwest Family Broadcasting
 Nick Miller
 Terry Miller
 Sally Miner
 John Moore
 Joe Moua
 Reuben Mravik
 Sue Mravik
 Kurt & Mary Mueller
 John Murphy
 Sr. Bernadette Nehl
 Kelly Nest
 Niebuhr Plumbing
 Sandra Nissen
 Kristy Nix
 Jennifer Odegard
 Anna Olson
 Sue Olson
 Tiffany Olson
 Lois Olson
 Amy Olsson Bauer
 Sr. Catherine O'Neill
 Kathy & Mitch Oslund
 Gretchen Osmundson
 Judy Ostreng
 Shirley A. Otto
 Tim Padesky
 Jonah Paglini
 Robert Palmberg
 Deanna Parish
 Carol Parker
 John and Julie Parsneau
 Dilip Patel
 Bev Paulson Kellicut
 Lloyd Payne
 Kristen Peloski
 Laurie Perry
 Wendy Pertzsch
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Coulee Region RSVP, Inc.
2920 East Avenue South, Suite 104
La Crosse, WI 54601



Phone: 608.785.0500
Fax: 608.785.2573
Email: info@rsvplax.org
Website: www.rsvplax.org

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RSVP Staff

Heather Gilles
Executive Director
hgilles@rsvplax.org

Ruth Kinstler
Volunteer Coordinator
rkinstler@rsvplax.org

Rebecca Brueggeman
Office Manager/Program
Specialist
rbrueggeman@rsvplax.org

Designed by: Joseph Kinstler

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